



Race 5 - Parkanaur Forest
Saturday 10th February 2018



Place	Bib No	Name	Club	Category	Lap 1 (5.23K) Time	Lap 2 (5.43K) Time	Lap 3 (5.43K) Time	Chip Time	Gun Time	Ave Pace
1	11	Gary Slevin	City of Derry Spartans	MO	18:18	18:59	19:18	56:34	56:36	5:39/M
2	43	Eoin Hughes	Acorns AC	MO	18:19	19:21	19:42	57:21	57:22	5:44/M
3	57	Christopher McGuire	Glaslough Harriers	MO	18:25	19:25	19:47	57:37	57:37	5:46/M
4	103	Shane Donnelly	Unaffiliated	MO	18:59	20:19	20:29	59:46	59:47	5:59/M
5	74	Paddy Corr	Unaffiliated	M50	19:17	20:27	20:36	1:00:20	1:00:22	6:02/M
6	105	Seamus Bradley	Unaffiliated	MO	19:40	20:35	20:39	1:00:53	1:00:54	6:05/M
7	64	Martin Rea	North Belfast Harriers	M40	20:26	21:53	22:18	1:04:36	1:04:37	6:28/M
8	1	Cathy McCourt	Athletics NI	F40	21:12	22:03	22:06	1:05:20	1:05:21	6:32/M
9	70	Adrian Devlin	Sperrin Harriers	MO	20:56	22:19	22:19	01:05:34	01:05:34	6:33/M
10	108	Dermot McCabe	Island Tri Club	M45	21:15	22:27	22:45	1:06:26	1:06:27	6:39/M
11	81	Nigel Grier	Dromore AC	M55	21:34	22:40	22:38	1:06:51	1:06:53	6:41/M
12	77	Brendan Gildernew	Sperrin Harriers	MO	21:36	22:59	23:05	1:07:38	1:07:41	6:46/M
13	39	Garreth Murray	Unaffiliated	MO	22:05	22:56	22:41	1:07:40	1:07:43	6:46/M
14	92	Michael Faloon	Unaffiliated	M40	22:00	23:02	23:20	1:08:20	1:08:23	6:50/M
15	46	Paul McLaughlin	Sperrin Harriers	M55	21:53	23:12	24:18	1:09:23	1:09:25	6:56/M
16	95	Eamon Canavan	Galbally Runners	MO	22:31	23:56	23:32	1:09:55	1:09:59	7:00/M
17	54	Brian Bradley	Sperrin Harriers	M50	22:10	23:31	24:34	1:10:13	1:10:16	7:01/M
18	15	Paul Connolly	Ballymena Runners AC	M50	22:16	23:58	24:03	1:10:16	1:10:18	7:02/M
19	47	Ronan Owens	Unaffiliated	MO	23:16	24:25	22:52	1:10:28	1:10:34	7:03/M
20	99	John Bradley	Unaffiliated	MO	22:24	23:50	24:31	1:10:43	1:10:46	7:04/M
21	34	Ray Kerr	Knockmanny	M40	22:44	24:03	24:01	1:10:44	1:10:50	7:04/M
22	63	Gerard McNamara	North Belfast Harriers	M45	22:19	24:01	24:38	1:10:58	1:11:00	7:06/M
23	75	Ciaran Donaghy	Unaffiliated	MO	24:29	23:32	23:03	1:10:55	1:11:05	7:06/M
24	28	Graeme O'Hara	County Antrim Harriers	M40	23:10	24:29	24:38	1:12:13	1:12:19	7:13/M
25	83	Olivia Mullin	Greencastle AC	F35	23:49	24:32	24:43	1:13:02	1:13:06	7:18/M
26	24	Karen McLaughlin	Springwell Running Club	F45	23:17	25:05	25:32	1:13:51	1:13:55	7:23/M
27	51	Nigel Davidson	Unaffiliated	M40	23:19	25:00	25:35	1:13:52	1:13:55	7:23/M
28	25	Colin Simpson	North Belfast Harriers	M50	23:44	25:10	25:31	1:14:23	1:14:26	7:26/M
29	94	Noel McElhone	Carmen Runners	MO	24:43	24:40	25:32	1:14:52	1:14:55	7:29/M
30	56	Gareth Cardwell	Keep Er Lit	M45	24:05	25:05	25:45	1:14:53	1:14:56	7:29/M
31	80	Kevin Terry	Unaffiliated	MO	24:52	25:40	25:14	1:15:40	1:15:47	7:34/M
32	85	Martin McCourt	NI Civil Service AC	M45	23:16	26:07	27:05	1:16:25	1:16:29	7:39/M
33	73	Aidan MacManus	Olympian Triathlon Club	M40	25:09	26:04	25:22	1:16:28	1:16:36	7:39/M
34	97	Laura Mitchell	Sperrin Harriers	FO	24:29	26:03	26:30	1:16:58	1:17:03	7:42/M
35	16	Kenneth Reid	Unaffiliated	M50	23:34	26:58	26:28:00	01:17:00	01:17:00	7:42/M
36	35	Jim Breen	Springwell Running Club	M60	25:09	26:09	26:07	1:17:22	1:17:27	7:44/M
37	5	Sean Paul McCann	Unaffiliated	MO	25:14	25:58	26:15	1:17:22	1:17:28	7:44/M
38	19	Robert McCormack	Unaffiliated	M55	24:36	26:29	27:23	1:18:23	1:18:29	7:50/M
39	27	Marty Kilpatrick	County Antrim Harriers	MO	23:51	26:08	28:32	1:18:27	1:18:32	7:51/M
40	90	Ryan McElhatton	Unaffiliated	MO	26:24	26:02	26:08	1:18:29	1:18:35	7:51/M



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41	102	Martin O'Neill	Unaffiliated	MO	25:44	26:39	26:12	1:18:26	1:18:36	7:51/M
42	76	Damien McCaffery	Sperrin Harriers	M45	26:24	26:13	26:00	1:18:30	1:18:38	7:51/M
43	113	Martin Fox	Unaffiliated	M45	25:16	26:51	26:45	1:18:41	1:18:53	7:52/M
44	96	Gavin O'Hagan	Sperrin Harriers	MO	26:04	26:35	26:13	1:18:45	1:18:53	7:53/M
45	114	Toirleach Gourley	Sperrin Harriers	M40	25:08	26:09	27:46	1:19:01	1:19:04	7:54/M
46	111	Patsy Hughes	Sperrin Harriers	M55	26:15	26:24	26:39	1:19:12	1:19:19	7:55/M
47	41	Neil Purvis	Ballymena Runners AC	MO	25:25	26:44	27:17	1:19:20	1:19:27	7:56/M
48	9	Linda Petticrew	Ballymena Runners AC	F50	25:37	26:42	27:13	1:19:30	1:19:34	7:57/M
49	40	Nathan Rea	Unaffiliated	MO	25:34:00	28:04	26:47:00	01:20:25	01:20:25	8:03/M
50	78	Mark Thompson	Tri Limits	MO	27:26	26:34	26:50	1:20:39	1:20:51	8:04/M
51	48	Norman Fuller	Sperrin Harriers	M50	24:58	27:08	29:17	1:21:20	1:21:24	8:08/M
52	32	Andrew Topping	Unaffiliated	M50	23:54	28:15	29:33:00	01:21:42	01:21:42	8:09/M
53	98	Brendan Grew	Unaffiliated	M55	27:06	27:32	27:16	1:21:44	1:21:54	8:10/M
54	101	Aidan Black	Unaffiliated	M40	26:52	27:45	27:16	1:21:44	1:21:54	8:10/M
55	38	Nicola Gillespie	Sperrin Harriers	F35	26:24	27:34	28:29	1:22:23	1:22:28	8:14/M
56	53	Glenn Patterson	Omagh Rugby Football Club	M45	26:50	27:50	27:59	1:22:37	1:22:40	8:16/M
57	52	Roger Harkness	Omagh Tri Club	M45	26:49	27:51	27:59	1:22:37	1:22:40	8:16/M
58	26	Verity Cornford	Orangegrove AC	F40	27:38	27:43	27:36	1:22:52	1:22:58	8:17/M
59	45	Damien Coey	Lissan Runners	MO	26:19	28:15	28:25	1:22:52	1:22:59	8:17/M
60	14	Naomi Hutchinson	Ballymena Runners AC	FO	27:36	27:34	27:53	1:22:58	1:23:05	8:18/M
61	12	Katrina McAuley	North Belfast Harriers	F35	27:33	27:37	27:54	1:22:59	1:23:05	8:18/M
62	13	Kevin McCann	North Belfast Harriers	M45	27:35	28:36	26:53	1:22:59	1:23:05	8:18/M
63	55	Mark Patterson	Unaffiliated	M40	27:42	27:24	28:01	1:23:03	1:23:07	8:18/M
64	69	Tanya Quinn	Sperrin Harriers	F40	26:12	28:07	29:04	1:23:23	1:23:24	8:20/M
65	72	Anthony O'Neill	Sperrin Harriers	M55	26:26	28:06	29:07	1:23:32	1:23:41	8:21/M
66	29	Aoibheann Bartley	Enniskillen Running Club	F35	26:21	28:29	29:01	1:23:47	1:23:52	8:23/M
67	36	Donna McLaughlin	North Belfast Harriers	F45	27:33	27:54	28:24	1:23:47	1:23:53	8:23/M
68	79	Ian Erskine	Unaffiliated	MO	27:39	27:15	29:00	1:23:43	1:23:55	8:22/M
69	7	Glenn McGall	Ballymena Runners AC	M50	27:36	27:35	28:51	1:23:55	1:24:03	8:24/M
70	82	Adrian Morrison	Sperrin Harriers	M40	27:04	27:47	29:16	1:23:59	1:24:08	8:24/M
71	104	Mickey Molloy	Unaffiliated	M50	27:24	28:09	28:34	1:23:58	1:24:08	8:24/M
72	8	Alison Foster	Ballymena Runners AC	F45	27:27	28:34	29:13	1:25:11	1:25:15	8:31/M
73	33	Elaine Holmes	North Belfast Harriers	F50	27:35	28:39	29:31	1:25:40	1:25:46	8:34/M
74	91	Darren Boyle	Unaffiliated	M45	27:53	29:12	28:45	1:25:41	1:25:51	8:34/M
75	44	Shane Curtis	Lissan Runners	MO	27:31	28:58	29:35	1:25:59	1:26:06	8:36/M
76	61	Richard Fox	Sperrin Harriers	M40	27:04	29:03	30:04	1:26:06	1:26:12	8:37/M
77	6	Alastair Donaghy	Ballymena Runners AC	M50	26:50	29:12	30:27	1:26:24	1:26:30	8:38/M
78	84	Suzanne Bigmore	Acorns AC	F35	27:39	29:07	29:50	1:26:29	1:26:37	8:39/M
79	68	Stephanie Henry	Sperrin Harriers	F40	27:39	29:18	29:39	1:26:33	1:26:37	8:39/M
80	59	John Cawley	Unaffiliated	M55	27:21	28:40	30:35	1:26:29	1:26:38	8:39/M



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81	100	Joanne O'Donnell	North Fermanagh Fitness Club	F40	27:25	29:20	30:06	1:26:46	1:26:52	8:41/M
82	89	David McKenna	Dublin Front Runners AC	M55	27:04	29:44	30:24	1:27:10	1:27:13	8:43/M
83	18	Robin Alexander	Ballymena Runners AC	M50	27:40	29:09	30:33	1:27:16	1:27:24	8:44/M
84	66	Nigel McMorris	Unaffiliated	M55	27:41	29:36	30:07	1:27:18	1:27:26	8:44/M
85	65	Denise Dallas	Acorns AC	F55	28:38	29:32	29:26	1:27:28	1:27:37	8:45/M
86	110	Martin Donaghy	Sperrin Harriers	M55	28:40	29:24	30:42	1:28:38	1:28:46	8:52/M
87	71	Tomas Barrett	Unaffiliated	MO	29:12	29:44	30:28	1:29:17	1:29:25	8:56/M
88	67	Lisa Fitzpatrick	Sperrin Harriers	F40	28:06	30:53	31:10	1:30:05	1:30:10	9:01/M
89	88	Colin Thom	Acorns AC	M50	28:24	30:54	31:22	1:30:36	1:30:41	9:04/M
90	87	Jane Thom	Sperrin Harriers	F45	28:24	30:54	31:33	1:30:47	1:30:52	9:05/M
91	23	Stephanie Johnston	Ballymena Runners AC	F40	29:11	31:10	31:24	1:31:40	1:31:46	9:10/M
92	62	Peter Mitchell	Sperrin Harriers	MO	28:33	30:58	32:40	1:32:06	1:32:12	9:13/M
93	86	Tom Wylie	Unaffiliated	M55	29:00	31:11	32:05	1:32:10	1:32:17	9:13/M
94	112	Barry O'Neill	Sperrin Harriers	M50	29:31	30:59	31:54	1:32:16	1:32:24	9:14/M
95	22	Jonathan Johnston	Ballymena Runners AC	M45	28:10	31:32	33:51	1:33:27	1:33:35	9:21/M
96	109	Louise Kelly	Sperrin Harriers	F40	30:57	31:39	32:17	1:34:42	1:34:54	9:28/M
97	31	Tiarnan Rafferty	Galbally Runners	MO	28:47	33:07	35:53	1:37:40	1:37:48	9:46/M
98	106	Julie Deery	Unaffiliated	F45	31:34	32:40	33:40	1:37:47	1:37:55	9:47/M
99	37	George Gribben	Orangegrove AC	M60	31:39	33:01	34:14	1:38:45	1:38:55	9:53/M
100	2	Harry Armstrong	Ballymena Runners AC	M50	32:15	34:37	33:11	1:39:54	1:40:04	9:59/M
101	3	Elaine Montgomery	Springwell Running Club	F45	32:15	34:38	36:07	1:42:52	1:43:01	10:17/M
102	49	Barry Moore	Sperrin Harriers	M40	30:31	34:29	38:23	1:43:13	1:43:25	10:19/M
103	20	Brigid Quinn	Ballymena Runners AC	F70	34:20	36:23	36:30	1:47:07	1:47:14	10:43/M
104	50	Judith Black	Acorns AC	F45	34:31	36:26	37:53	1:48:39	1:48:50	10:52/M
105	107	Gary Johnston	Tri Limits	MO	34:22	36:17	38:15	1:48:43	1:48:55	10:52/M
106	58	Evelyn Cawley	Unaffiliated	F40	34:31	36:48	37:52	1:49:02	1:49:12	10:54/M
107	10	Terry Foley	Ballymena Runners AC	M50	34:19	36:43	38:43	1:49:34	1:49:46	10:57/M
108	4	Andrea Linton	Sperrin Harriers	F45	31:37	37:51	40:52	1:50:14	1:50:21	11:01/M
109	93	Ciara Coyle	Unaffiliated	F40	31:37	37:51	40:52	1:50:13	1:50:21	11:01/M
110	17	David Stewart	Sperrin Harriers	M40	35:30	34:30	41:03	1:50:52	1:51:03	11:05/M
111	60	Lorraine Abernethy	Springwell Running Club	F45	35:08	39:38	40:15	1:54:51	1:55:02	11:29/M
112	30	Patsi Doey	Acorns AC	FO	36:04	40:12	42:26	1:58:32	1:58:43	11:51/M
113	21	Bernadette-Rose Carmichael	Ballymena Runners AC	F50	35:47	41:55	46:42	2:04:14	2:04:25	12:25/M
DNF	42	Sharon Dickenson	Affiliated (Unattached)	F40	28:51					